

Nursling C of E Primary School



Learning to Love. Building Resilience. Taking Responsibility.

Newsletter 20— 6th February 2026

Head Teacher's Message

Dear Parents and Carers,

What a wet week it has been! I think it is safe to say that wet weeks in school are not our favourite weeks. It means wet playtimes, soggy coats and staff getting cold and wet on the gate in the morning - yet still we welcome you in with a smile!

We talk to the children all the time about resilience and this is a great example of this. I have seen many examples of resilience from the children this week too as Mrs Mellor and I have been continuing to listen to children read across the school.

Reading is such a pivotal part of a child's learning journey and one that requires you, as parents, to support at home. It is so noticeable listening to the children who read at home every day. Those who engage in conversation about the text they have read. These children have greater fluency and understanding, they use a wider variety of words in their writing, their spelling is better and they excel in other subject areas at a faster rate than those who don't read at home.

So, this is a reminder, please read with your child for 10 minutes every day. Please sign the reading record, write a comment, add the page numbers they read with you. This small amount of time each day will have a huge impact on your child's learning.

Mrs Jearrad

Attendance this week

Chestnut	Birch	Willow	Holly	Sycamore	Rowan	Oak	School
95.6%	91.7%	93.2%	95.9%	89.8%	95.6%	94.7%	93.8%

The expected attendance for each student is a minimum of 96%. Individual children identifying as under 96% will be engaging in conversations with staff to ensure their attendance improves.



I am the way, the truth and the life; no one goes to the father except through me. John 14:6

Thank you to the Rotary Club.....

A huge thank you goes to the club President-James Lapage and his team at the **Rotary Club of Southampton Magna** for their continued work and support to our school. This week, Ms Hayward and I collected 15 food hampers that have been given to families in our Nursling School Community.

We appreciate the impact the cost of living crisis is having and we are really pleased that families who are struggling have reached out for help.

Thank you from our whole school community for your ongoing support.



Miss Wood is looking forward to seeing your 'Green Cross Code' designs. Your poster needs to be drawn on A4 paper and handed in to Miss Wood by the 20th March.

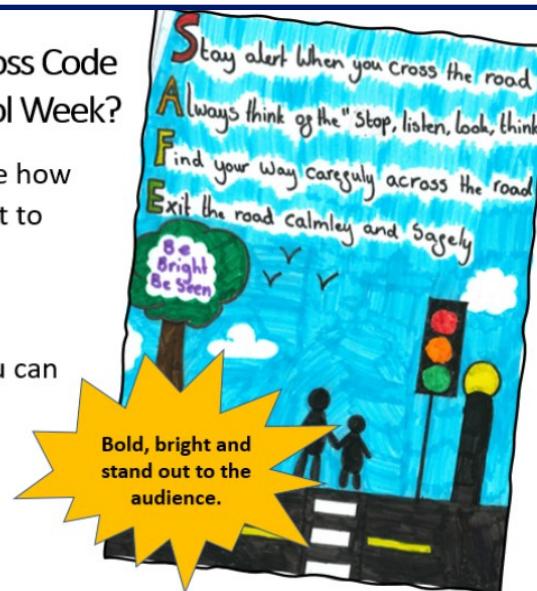
Good luck!

Can you design our new Green Cross Code poster for this year's Walk to School Week?

Design a poster which tells other people how to cross the road safely. Don't forget to include:

Stop, look, listen and think

- Find a safe place to cross where you can see what is coming
 - **Be bright be seen**
 - Make sure traffic can see you



Walk to school week is: Monday 18th to Friday 22nd May

The Great Fire of Nursling

Year 1 recreated the Great Fire of London today, creating the Great Fire of Nursling!! We worked really hard last week researching what houses looked like in 1666, building them and then talking about how the fire would spread as the houses were so close together. There was great excitement today when we then set fire to our houses!! The children were so well behaved and absolutely enthralled watching the flames!

We had great fun



World Book Day—Thursday 5th March

Dear Parents and Carers,

Get ready for a scrumdiddlyumptious World Book Day!

This year, World Book Day will take place on Thursday 5th March and our theme is the wonderful world of Roald Dahl.

Children are invited to come dressed as their favourite Roald Dahl character – the more whizzpopping the better! Costume ideas include:

Matilda

Willy Wonka

The BFG

Fantastic Mr Fox

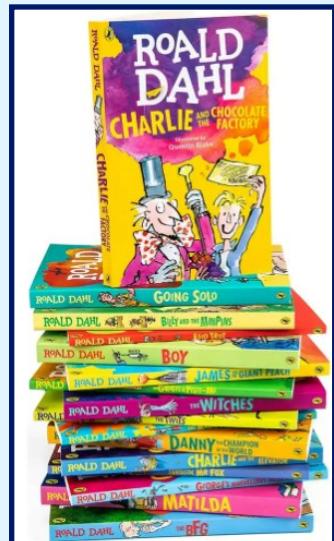
The Twits (moustaches encouraged... kindness compulsory!)

James and his Giant Peach

Costumes don't need to be complicated – a splash of purple, a giant ear, a book, or a clever label can work wonders. After all, "those who don't believe in magic will never find it" (and neither will the missing socks on costume day!).

We can't wait to see the children looking glorious, marvellous and absolutely splendidorous as we celebrate books and reading together.

Thank you for helping us make the day truly Dahl-icious!



Cyril Squirrels

Year R

Fabian- For making huge progress with his reading and writing! Well done, Fabian!

Elodie- For always being resilient and an exceptional friend! Well done, Elodie!



Year 1

Zara & Leo- these two could get Cyril every week- they are such kind and thoughtful members of Year 1, incredibly hard workers and we are super proud of them week in week out. Well done to you both!

Year 2

Tiana is our first Cyril Squirrel this week. She has really impressed us with her letter writing this week and read it out to the class! She also continues to work hard and her handwriting is consistently lovely. Well done, Tiana!

Bertie is our second Cyril Squirrel this week. He also wrote a fantastic formal letter this week pretending to be an angry neighbour with pirates living next door. He thought carefully about his word choices and really showed how the neighbours would be feeling. Well done, Bertie!

Year 3

Harry - Harry has done superbly well with his school work this week, particularly in his reading and writing. He is starting to take a real responsibility for it and the progress he has made this year is brilliant to see!

Renee - Renee has really been on it recently. I can tell she is reading everyday at home and completing her TTRS as she is coming along leaps and bounds. Her hand is constantly up to answer questions as her confidence continues to grow. Keep up the great work Renee!

Year 4

Sophia has worked really hard this week focusing on division and her tables. Keep it up Sophia.

Nellie has worked extremely hard at not only her tables and division but also understanding how to use apostrophes properly. Keep it up Nellie.

Year 5

Tiana has been trying super hard with her writing and is making lovely progress, especially with her ideas and effort.

Vienna has gained so much confidence in her maths, particularly when learning about fractions. She is now confidently sharing her thinking and tackle challenges.

Year 6

Riley has been working really hard, particularly in English with his handwriting and sentence composition. He has been putting up his hand and contributing to lessons much more over this half term, which has been super. What a legend!

Poppy S has been trying harder and harder in all areas of her learning, which has paid off tremendously. I'm so proud of her dedication to improving from her starting points! Keep up the insane work!



TTRS

This week's winner is Marley. Great effort!



Numbots

This week's winner is **Ottolie**. Fantastic effort this week! Well done!



Out of School Achievements

Congratulations to you all,
You are



After School Club



This week at After School Club a big shout out goes to **Renee**! She has worked really hard to make a superb drawing of Stitch; we were all very impressed with it. A big WELL DONE Renee, you have earned lots of raffle tickets for your fantastic art work.

After School Club phone number -
07543793590

Now that the dark evenings are here, parents need to phone our After School Club mobile number when collecting their children. Please ensure that you let relatives/partners know our pickup procedure and phone number as we are unable to see parents at the gate or answer the door buzzer.

Themed Menu

FOOD FESTIVAL LUNAR NEW YEAR

12th February

Sticky Chinese Chicken Rice with Mixed Green Vegetables

Or

Sticky Chinese Veggie Rice with Mixed Green Vegetables

And

Chinese Five Spice Cupcakes

Allergy friendly



Please remember to order your child's school dinners through your Swift Kitchen App. This needs to be done before 9am each day.

Ordering weeks in advance is also an option for you!

PLEASE ENSURE WHEN ORDERING YOUR CHILD'S FOOD THAT YOU COMPLETE THE CHECK OUT PROCESS FULLY SO THAT THE ITEMS DO NOT REMAIN IN THE BASKET

Aspens

LUNCHTIME

FOOD FESTIVAL

WEEK 1
Autumn Winter 2023/24

05/09/25, 22/09/25, 29/10/25,

05/11/25, 12/11/25, 19/11/25,

06/12/25, 23/12/25, 30/12/25,

06/01/26, 13/01/26, 20/01/26,

27/01/26, 03/02/26, 10/02/26,

17/02/26, 24/02/26, 31/02/26,

06/03/26, 13/03/26

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheese and Tomato Pizza Slice with Wedges

Meatball Marinara Pasta

Roast Chicken, Stuffing, Skin on Roasties and Gravy

Bangers, Mash and Gravy

Golden Fish Fingers or Salmon Fingers and Chips

Peas

Roasted Vegetable Strudel, Skin on Roasties and Gravy

Veggie Bangers, Mash and Gravy

Cheesy Bean Wrap with Chips

Carrots and Cabbage

Mixed Greens

Beans, Cheese or Tuna Mayo

Butterfly Pastry Biscuits

Strawberry and Pineapple Jelly

Banana Bread and Custard

Apple Cinnamon Buns

Lemon Drizzle Cake

Vegetable Sticks

Mixed Salad

Carrots and Cabbage

Mixed Greens

Peas

Beans, Cheese or Tuna Mayo

Chocolate Popcorn Bars

Orange and Peach Jelly

Apple Tea Cake and Custard

Iced Vanilla Sponge Cake

Carrot Cake

What impact has your meal had on planet Earth today?

A Very Low Impact B Low Impact C Medium Impact D High Impact E Very High Impact

LUNCHTIME

FOOD FESTIVAL

WEEK 2
Autumn Winter 2023/24

08/09/25, 25/09/25, 29/10/25,

12/11/25, 19/11/25, 26/11/25,

03/12/25, 10/12/25, 17/12/25,

24/12/25, 31/12/25, 07/01/26,

14/01/26, 21/01/26, 28/01/26,

04/02/26, 11/02/26, 18/02/26,

25/02/26, 03/03/26

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Vegetable Lasagne

Creamy Chicken & Sweetcorn Pasta

Roast Gammon, Skin on Roasties and Gravy

Mild Chilli Con Carne with Rice

Golden Fish Fingers and Chips

Green Veg & Butter Bean Pie with Wedges

Veggie Whole Grain Pasta Bolognese

Cheddar & Broccoli Crustless Quiche

Vegetable Bean Chilli with Rice

BBQ Veggie Wrap with Chips

Sweetcorn

Broccoli

Carrots and Peas

Mixed Greens

Baked Beans

Beans, Cheese or Tuna Mayo

Chocolate Popcorn Bars

Orange and Peach Jelly

Apple Tea Cake and Custard

Iced Vanilla Sponge Cake

Carrot Cake

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Hampshire Child and Adolescent
Mental Health Services

New Strategy Based Films for parents/carers and Professionals New for 2026

**What is Emotionally
Based School
Avoidance**



**Risk factors for
Emotionally Based
School Avoidance**



**Tips for Emotionally
Based School
Avoidance**



**Thriving with
ADHD in school**



**ADHD
and sleep**



**Reframing
ADHD**



Girls and ADHD



**ADHD – order out of
chaos**



**Growing older and
changing ADHD
symptoms**



**The importance of
sleep**



**Tips to support
sleep optimisation**



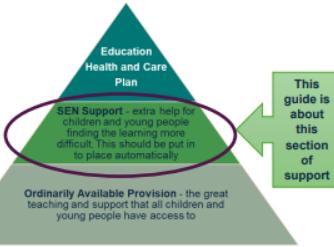
To watch the
videos, scan these
QR codes

SEN Support

Hampshire's Local Area Partnership Strategy
Parents' guide to help for all in education settings
© Hampshire County Council 2025

Parents' guide to help for all in education settings

Special Educational Needs (SEN) support



Some children and young people need more help than others. This is why SEN support is available. It is extra help for anyone finding the learning harder to make sure they can still achieve success. This does not need extra funding and is put in place to make sure that everybody can progress. It is regularly reviewed. You can watch a video about it on this link: [Family Information and Services Hub | Ordinarily Available Provision and SEND Support](#)

Types of SEN support

Help with learning:

- Extra time to learn and prepare
- Using computers or voice recorders
- Link the learning to interest areas
- Having word lists or reminder bookmarks
- Getting extra help with reading, writing and maths



Help with talking and understanding:

- Using someone's name and standing close when talking
- Using pictures and signs to help understanding
- Keeping instructions short
- Using songs and rhymes to teach new words
- Giving choices
- Using timers
- Using simple language which is clear
- Having a special work space
- Teaching how to use sounds and words to work out meaning
- Using stories to help get ready for something



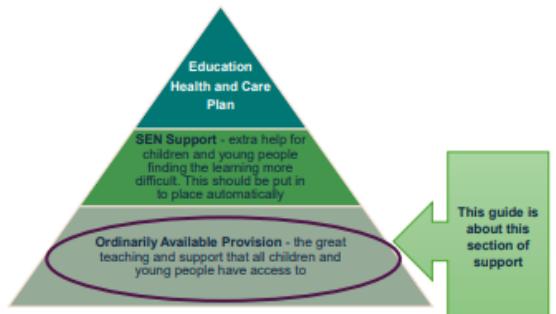
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Hampshire County Council NHS Public Health England Hampshire SENDIASS

Hampshire's Local Area Partnership Strategy
Parents' guide to help for all in education settings
© Hampshire County Council 2025

Parents' guide to help for all in education settings

Ordinarily Available Provision



What is Ordinarily Available Provision?

This is the help that every child or young person should get in their education setting. It is the support which everyone accesses, even if they do not have special needs. You can watch a video about it on this link: [Family Information and Services Hub | Ordinarily Available Provision and SEND Support](#)

What should ordinarily available provision look like?

In the classrooms:

- Special chairs or desks
- Calm colours and not too much noise or clutter
- Tools to help with keeping focus and learning
- Sitting in the best place to learn
- Pictures to help understand and remember information

What adults do:

- Believe everyone can do well

Logos

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Help with feelings and behaviour:

- Avoiding making people feel bad
- Giving jobs to do and breaks
- Using a calm voice and positive body language
- Helping the understanding of feelings
- Having a safe space and trusted adults
- Explaining instructions and information
- Working on areas of interest
- Limiting distractions
- Teaching different ways to stay calm
- Preparing everyone for changes
- Using the same language when dealing with something
- Providing time to talk
- Having plans if things go wrong
- Having support during times when there are less routines



Help with physical or sensory needs:

- Using different senses to help learning
- Changing routines or uniforms if needed
- Giving rest breaks
- Helping with personal care
- Using special tools or plans for needs
- Being flexible with resources



What works best when supporting learning?

The best sort of help:

- Is planned carefully,
- Helps build independence,
- Does not rely too much on an adult,
- Is not available all the time,
- Helps learners make friends and feel confident in what they are doing.

What if this is not happening?

If you are worried about progress, talk to the special educational needs coordinator (SENCo). They may need to try some different levels of support. This is something that every education setting can do without any extra support.

If you do not feel that the help is there:

- Talk to the SENCo or leader in the school.
- If that doesn't help you can contact groups like Hampshire Parent Carer Network [Hampshire Parent and Carer Network](#) or SENDIASS [Hampshire SENDIASS - Special Educational Needs Support](#).
- You could use the setting's complaint process.

Images provided by Hampshire settings or Widgit Symbols © Widgit Software Ltd 2002-2025 [www.widgit.com](#)

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Help with feelings and behaviour:

- Use clear and kind words
- Help everyone get ready for any changes
- Break tasks into small steps
- Use pictures, sound and action to help teach
- Give time to practise and go back over learning
- Help everyone to talk about their learning
- Use tools like sentence starters or checklists

Setting values:

- Use signs and pictures to help with talking and understanding
- Believe that everyone can learn and be successful
- Keep rules and routines clear and fair
- Make sure everyone feels that they belong

What if this is not happening?

If you are worried about progress, talk to the special educational needs coordinator (SENCo). They may need to try some different things and this is something that every education setting can.

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Talk to the SENCo or a leader, contact groups like Hampshire Parent Carer Network [Hampshire Parent and Carer Network](#) or SENDIASS [Hampshire SENDIASS - Special Educational Needs Support](#).

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Hampshire County Council NHS Public Health England Hampshire SENDIASS

Communication Flowchart 2025-2026

We know that when parents have a concern that relates to their child at school, whether it is pastoral, friendships, curriculum or staffing in nature, they often feel the best way forward is to ask to see the Head teacher. In our experience, many of these concerns can often be most quickly resolved by talking to the class teacher as they know your children best. Please be aware that the Chair of Governors does not become involved unless a formal complaint is logged having completed all previous steps. The Complaints Policy is on the website.

Please use the chart below to know who you need to speak to.

Who do I speak to and in what order?			
Steps	Learning / Classroom issues	Pastoral / Additional Needs	School Administration
1	In the first instance, please arrange to speak to your child's class teacher after school by appointment. Appointments can be made via the school office.	If you're struggling with pastoral issues such as routines, attendance or you just need to reach out, ask the office to book you an appointment to speak to Mrs Mellor (Parent Liaison).	Please speak to Mrs Manning, Mrs H-C or Mrs Petley in the school office.
2	If you feel your query has not been resolved, please arrange to speak to Mr Booth or Mrs Skeels (Assistant Headteachers)	Concerns or actions related to Special Educational Needs or pastoral issues still not sorted, ask the office to book you an appointment to speak to Mrs Mellor (SENCO).	If you have a complaint with regards to a member of the office team, go to Step 3.
3	If still not sorted? Please make an appointment to speak to our Head teacher, Mrs Jearrad. This meeting may also be attended by a member of the staff or Senior Leadership Team to ensure actions from any previous meetings can be discussed.		
Formal Complaints			
4	If you are unhappy with the outcome of your queries and are proceeding to a formal complaint having followed all the previous steps, please contact our Chair of Governors, Mrs J Barker, via the school office.		

Nursling C of E Primary School

Internet safety >>>



Apps with a 13+ age restriction



Whatsapp



Snapchat



Facebook



Instagram



Tiktok



Youtube



x / Twitter

What can you do to help?



Check privacy and safety settings



Choose age appropriate games and apps



Monitor engagement online



Important Dates 2026

Date/Time	Event	Who for
Monday 16th to Friday 20th February	Half Term	Whole School
Tuesday 17th February – 9am to 3pm	Performing Arts Club Rehearsal	Select Students
Monday 23rd February	Inset Day	Whole School
Wednesday 11th February 2026	Inter-House Cross Country	Select Students
Thursday 5th March 2026	World Book Day	Whole School
Saturday 14th March (children arrive time TBC) performance 6pm	Wizard of Oz at the Lantern Theatre	PAC
Tuesday 17th March	Trip	Year 6
Wednesday 25th March - (EYFS & KS1: 3.15pm, KS2: 4.15pm)	PTA Disco	Whole School
Friday 27th March	Last day of Spring term No after school club provision	Whole School
Monday 30th March to Friday 10th April	EASTER HOLIDAYS	Whole School
Saturday 25th April	PTA music festival	
Wednesday 29th April to Friday 1st May	Residential	Year 4
Wednesday 6th May	Trip	Year 2
Monday 11th to Friday 15th May	SATs Week	Year 6
Monday 18th to Friday 22nd May	Walk to School Week	Whole School
Wednesday 20th to Friday 22nd May	Residential	Year 6
Tuesday 9th June	Music FEST	Whole School
Wednesday 10th June	Trip	Year R
Wednesday 3rd June	Sports Day	Whole School
Wednesday 10th June	Trip	Year R
Thursday 18th June	Trip	Year 1
Friday 17th July 2026	Summer Spectacular Last Day of Summer term No after school club provision	Whole School

School Term & Holiday Dates

2026

Spring Term 2026

Monday 5th January 2026 - school resumes

Monday 16th to Friday 20th February 2026 - Half Term

Monday 23rd February 2026 - INSET DAY



Summer Term 2026

Monday 13th April 2026 - school resumes

Monday 4th May 2026 - Bank Holiday

Monday 25th to Friday 29th May 2026 - Half Term

Friday 17th July 2026 - Last day of Summer Term



Autumn Term 2026 (Dates to be added)

September 2026 - INSET DAY

September 2026 - school resumes for pupils

October 2026 - Half Term

December 2026 - Last day of Autumn Term



Local events and information:



HORNS DROVE
community childcare

February HOLIDAY CLUB

16th-20th February

Full and half days available

Open 8am-6pm

Our holiday club is in our pre-school setting, so we have a wide range of exciting activities available!

Book Now, spaces are filling fast

We are located within the grounds of Rowhams St Johns School

For availability and prices, please contact enquiries@hornsdrove.uk

A week of fun activities

- 2-11 years
- Den making
- Slime making
- Cooking
- Craft day!
- Hamma beads
- Treasure hunt
- Lego and Duplo building
- Hide and seek in the 'forest'
- Mask making
- Bird-feeder making
- Making gloop
- Making cards for our loved ones
- Cooking
- Games marathon!



SEND SURVEY 2026

enabling voices to be heard

PLEASE SHARE YOUR EXPERIENCES WITH US & ENTER OUR PRIZE DRAW

https://www.surveymonkey.com/r/HPCN2026

1st Prize: £150

2nd Prize: £100

3rd Prize: £50

WE NEED YOUR VOICE! HPCN'S ANNUAL SEND SURVEY IS HERE, AND YOUR FEEDBACK IS CRUCIAL TO SHAPING BETTER SERVICES FOR OUR COMMUNITY, AND YOUNG PEOPLE. PLUS, BY FILLING IT OUT, YOU'RE ENTERED INTO OUR PRIZE DRAW!

IF YOU'RE A PROFESSIONAL PLEASE DO FILL IT OUT ON BEHALF OF A YOUNG PERSON, OR PROFESSIONALLY.



Green & Thrifty Events

Half Term at Romsey Library

Monday 16th Feb, 10am - 1pm - Stay & Play
10am - 1pm, Make a Bug Hotel - Drop in

Tuesday 17th Feb, 10 - 11am Green & Thrifty Crafts, £2 per child*
11am - Nature Themed Storytime

Thursday 19th Feb, 11am - Nature themed Rhymetime
3pm - Junk Jodies 'Tree-Tastic' *

Friday 20th Feb, 10 - 11am - Make a Bird Box*
2pm - Nature themed Rhymetime

Saturday 21st Feb, 11am, Italian and Spanish Storytime
10am - 4pm - Boardgames and jigsaws
1 - 4pm - Construction Club

Green and Thrifty Fortnight

*Book your ticket via shop.hants.gov.uk

hants.gov.uk/library



Does your child have ADHD or ADHD traits?

FREE ONLINE SEMINAR
“An Introduction to Parenting Children with ADHD”
Insights and strategies for families
Monday 9th February 2026, 12.00-13.30

No booking required!
Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 894 3056 0080
Passcode: 387069

If you prefer, feel free to email us at info@sftrust.org.uk for the Zoom link.

 www.sftrust.org.uk 

Scan the QR code for the Zoom link



TWINSPIRES

LEGO Church

SUNDAY 15TH FEBRUARY 4-5PM

ST JOHN'S PRIMARY SCHOOL HALL, ROWNHAMS

ALL ARE WELCOME!



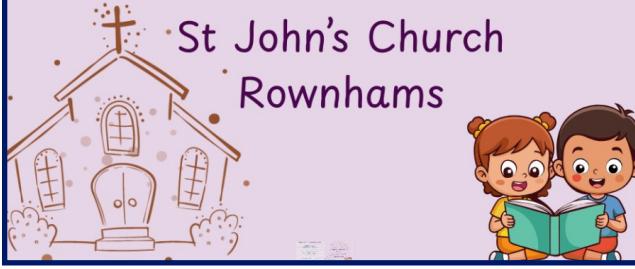
TWINSPIRES CHURCHES

All Age Worship

Sunday 1st February

Twinspires together @ 10am

St John's Church Rownhams



FEBRUARY HOLIDAY COURSE

HOLIDAY COURSES
FOOTBALL, MULTI-SPORTS, PERFORMING ARTS, GYMNASTICS, INFLATABLES, CRAFTS AND MUCH MORE!

YOU WILL NEED TO BRING A PACKED LUNCH, WATER BOTTLE & COAT

VENUE	HOLY FAMILY PRIMARY SCHOOL
DATES	16TH - 20TH FEBRUARY
AGES	4 - 12 YEAR OLDS YEAR R CHILDREN+
PRICE	£25 PER DAY
TIME	9:00 - 15:00
OUT OF HOURS	8:00-9:00 £6 15:00-16:00 £6 15:00-18:00 £12

TAX-FREE CHILDcare & GRANDEUR COUPONS ACCEPTED

bookings.superstarsportsuk.co.uk
02382 127331

FEBRUARY HALF-TERM

MULTI-ACTIVITY CAMP

-THE MOUNTBATTEN SCHOOL



£30 per day
For children in Year 1 - Year 7

Team Games **Multi-Sports**
Inflatable Obstacle Course **Cooking, Baking & more!**
Limited free spaces for HAF

SAVE 10% WHEN YOU BOOK THE WEEKLY RATE

personalbesteducation.com

WHAT'S ON January - April 2025

SOUTHAMPTON CITY OF OPPORTUNITY **SOUTHAMPTON CITY COUNCIL**

FEBRUARY HALF TERM

Hands on History: Castles and Catapults (6+)
Mon 16 Feb 10:30am, 1pm | Tudor House £8

Art for All: Introducing Acrylics - Winter Scenes (8+)
Mon 16 Feb 10:30am, 12:30pm or 2:30pm | Art Gallery £8

Tour for All: Saxons, Vikings and Norman Walking Tour
Tue 17 Feb 11am | Tudor House £10 (accompanying children FREE)

Art for All: Minecraft Mosaic Worlds (7+)
Tue 17 Feb 10:30am, 12:30pm or 2:30pm | Art Gallery £8

Art for All: Great Fire of London Clay Scenes (5+)
Wed 18 Feb 10:30am, 1pm | Tudor House £8

Art for All: Blauey Inspired Pen Pots (3+)
Wed 18 Feb 10:30am, 12:30pm or 2:30pm | Art Gallery £8

Toddler Time: Character Dogal (under 4s and friends)
Thu 19 Feb 10:30am, 12:30pm or 2:30pm | Art Gallery £8

Hands on History: Awesome Egyptians (7+)
Fri 20 Feb 10:30am, 1pm | SeaCity £8

Junior Art School: Go Wild with Wool (7 - 13 years)
Fri 20 Feb 10:30am - 3:30pm | Art Gallery £26

CULTURE CLUB FOR KIDS ACTIVITY DAYS
(Age 6½ - 12 years)

Drop off your young people
Three days per week | 9am-4pm (drop off from 8:45)
SeaCity £235 per day or £300 for all three days
Get creative, explore our collections and learn new stuff while making really cool things at our themed activity days.

Cruise Adventures
Mon 16, Tues 17, Wed 18 Feb

See venue websites for further details on events and to book
seacitymuseum.co.uk | tudorhouseandgarden.com | southamptoncityartgallery.com

