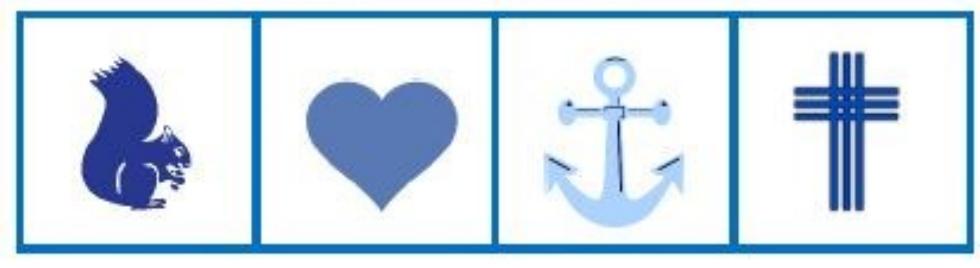


Nursling C of E Primary School



Learning to Love. Building Resilience. Taking Responsibility.

Newsletter 19— 30th January 2026

Head Teacher's Message

Dear Parents and Carers,

In Collective Worship on Monday, I spoke about the value of 'Joy', reflecting back on some of the things that have really made us smile in school. We really do have some great times, shown on the smiles on our faces.

Acclaimed American poet and civil rights activist, Mary Angelou once said "We need joy as we need air. We need love as we need water. We need each other as we need the earth we share."

What has given you joy this week? Wishing you all a joyful weekend. Mrs Jeppard



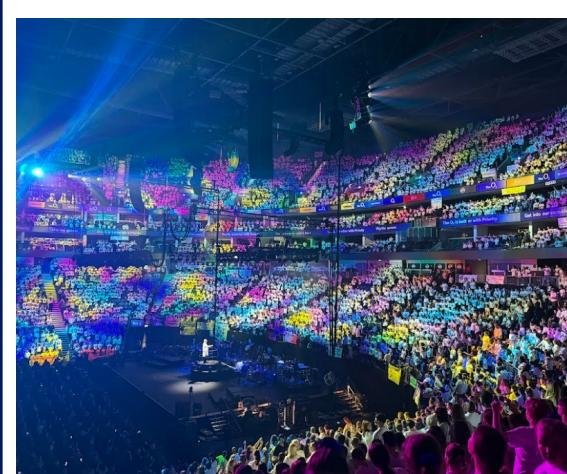
Attendance this week

Chestnut	Birch	Willow	Holly	Sycamore	Rowan	Oak	School
95.7%	94%	88.7%	88.9%	81.7%	92%	95.3%	91.2%

The expected attendance for each student is a minimum of 96%. Individual children identifying as under 96% will be engaging in conversations with staff to ensure their attendance improves.



I am the way, the truth and the life; no one goes to the father except through me. John 14:6



Nursling C of E Primary School

Internet safety >>>



Apps with a 13+ age restriction



Whatsapp



Snapchat



Facebook



Instagram



Tiktok



Youtube



x / Twitter

What can you do to help?



Check privacy and
safety settings



Choose age
appropriate games
and apps



Monitor
engagement online



Cyril Squirrels

Year R

John- For his incredible independent writing in Phonics and always working super hard! Well done, John!

Autumn- For always being kind and responsible member of Chestnut Class! Well done, Autumn!



Year 1

Darcie- Darcie has been working so hard on her phonics and her writing, she has started to decode and blend and write some words, we are super proud!

Logan- Logan's writing has blown us away this week!

He has been working independently to do some fabulous work all about the Great Fire of London!

Year 2

Ruby is our first Cyril Squirrel this week. Despite having some time off recently, she always comes to school with a smile and a ready to learn attitude. She has shown a real resilience with learning money this week and has been able to count it and work out different amounts. Well done, Ruby!

Brodie is our second Cyril Squirrel this week. He is an exceptional member of Willow Class and always puts his all into everything. He is a super speedy and accurate mathematician and has a brilliant work ethic. Keep it up, Brodie!

Year 3

Ellie: Ellie has done fantastically well this week across all her subjects! She sets a very high standard for how pupils at Nursling should be and is an example for the rest of the school to follow! Her writing this week has been brilliant and I am very pleased with her progress throughout the year!

Marcus: Marcus has really turned a corner with his writing as the year has gone on and it is really shining through in his work, particularly this week. He is very proud of himself for now being able to do cursive writing and his ideas are simply getting better and better! Keep it up Marcus!

Year 4

Charlie has worked really hard developing his skills in typing skills and his computer learning .

Elliot has worked hard on his division, multiplication and spelling skills .

Year 5

Ted- for his incredible use of emotive language in English this week. Amazing job!

Michael- For choosing fantastic vocabulary throughout his work this week and working on the structure of his sentences. Way to go!

Year 6

Ava-Rose has blown me away with how hard she has been working! Every facet of her school day has improved hugely and I couldn't be prouder.

Norah has been working really hard with her English, which showed beautifully in her recent diary entry. Such a fantastic improvement; keep up the superb work!



TTRS

This week's winner is Hugo B. Great effort! Speeding up by 0.8 seconds on his 4 times



Numbots

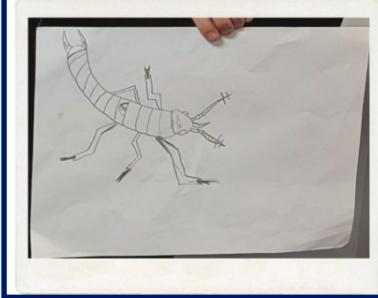
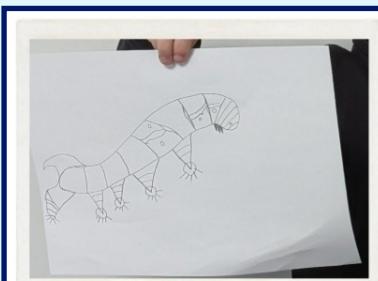
This week's winner is Lily. Fantastic effort this week! Well done!



Out of School Achievements
Congratulations to you all,
You are



After School Club



This week at After School Club a big shout out goes to Ethan! He has worked really hard to make some superb drawings of insects; we were all very impressed with them. A big WELL DONE Ethan, you have earned lots of raffle tickets for your fantastic work.

After School Club phone number -
07543793590

Now that the dark evenings are drawing in, parents need to phone our After School Club mobile number when collecting their children. Please ensure that you let relatives/partners know our pickup procedure and phone number as we are unable to see parents at the gate or answer the door buzzer.

Themed Menu

FOOD FESTIVAL
LUNAR NEW YEAR

12th February

Sticky Chinese Chicken Rice with Mixed Green Vegetables

Or

Sticky Chinese Veggie Rice with Mixed Green Vegetables

And

Chinese Five Spice Cupcakes



Aspens

FOOD FESTIVAL
LUNCHTIME

WEEK 1
Autumn/Winter 2023/24
05/09/23, 22/09/23, 29/09/23, 06/10/23, 13/10/23, 20/10/23, 27/10/23, 03/11/23, 10/11/23, 17/11/23, 24/11/23, 01/12/23, 08/12/23, 15/12/23, 22/12/23, 29/12/23, 05/01/24, 12/01/24, 19/01/24, 26/01/24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT Cheese and Tomato Pizza Slice with Wedges	MEAT-FREE MAGIC Baked Sweetcorn Fritters with Wedges	Roast Chicken, Stuffing, Skin on Roasties and Gravy	Bangers, Mash and Gravy	Golden Fish Fingers or Salmon Fingers and Chips
RAINBOW ALLEY Vegetable Sticks	Pea Frittata with Pasta Salad	Roasted Vegetable Strudel, Skin on Roasties and Gravy	Veggie Bangers, Mash and Gravy	Cheesy Bean Wrap with Chips
BIG TOPPING Beans, Cheese or Tuna Mayo	Carrots and Cabbage	Beans, Cheese or Tuna Mayo	Mixed Greens	Peas
DESSERT TROLLEY Butterfly Pastry Biscuits	Strawberry and Pineapple Jelly	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo

What impact has your meal had on planet Earth today?
A: Very Low, B: Low, C: Medium, D: High, E: Very High

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

PASTA TWIRLER
TOPPED PASTA
HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE

Please remember to order your child's school dinners through your Swift Kitchen App. This needs to be done before 9am each day.

Ordering weeks in advance is also an option for you!

PLEASE ENSURE WHEN ORDERING YOUR CHILD'S FOOD THAT YOU COMPLETE THE CHECK OUT PROCESS FULLY SO THAT THE ITEMS DO NOT REMAIN IN THE BASKET

FOOD FESTIVAL
LUNCHTIME

WEEK 2
Autumn/Winter 2023/24
06/09/23, 23/09/23, 30/09/23, 07/10/23, 14/10/23, 21/10/23, 28/10/23, 04/11/23, 11/11/23, 18/11/23, 25/11/23, 02/12/23, 09/12/23, 16/12/23, 23/12/23, 30/12/23, 06/01/24, 13/01/24, 20/01/24, 27/01/24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT Vegetable Lasagne	MEAT-FREE MAGIC Creamy Chicken & Sweetcorn Pasta	Roast Gammon, Skin on Roasties and Gravy	Mild Chilli Con Carne with Rice	Golden Fish Fingers and Chips
RAINBOW ALLEY Green Veg & Butter Bean Pie with Wedges	BIG TOPPING Veggie Whole Grain Pasta Bolognese	Cheddar & Broccoli Crustless Quiche	Vegetable Bean Chilli with Rice	BBQ Veggie Wrap with Chips
Sweetcorn	Broccoli	Carrots and Peas	Mixed Greens	Baked Beans
BIG TOPPING Beans, Cheese or Tuna Mayo	DESSERT TROLLEY Chocolate Popcorn Bars	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
DESSERT TROLLEY Orange and Peach Jelly	Chocolate Popcorn Bars	Apple Tea Cake and Custard	Iced Vanilla Sponge Cake	Carrot Cake

What impact has your meal had on planet Earth today?
A: Very Low, B: Low, C: Medium, D: High, E: Very High

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

PASTA TWIRLER
TOPPED PASTA
HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE

FOOD FESTIVAL
LUNCHTIME

WEEK 3
Autumn/Winter 2023/24
13/09/23, 20/09/23, 27/09/23, 04/10/23, 11/10/23, 18/10/23, 25/10/23, 01/11/23, 08/11/23, 15/11/23, 22/11/23, 29/11/23, 06/12/23, 13/12/23, 20/12/23, 27/12/23, 03/01/24, 10/01/24, 17/01/24, 24/01/24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT Cheese and Tomato Pizza Slice with Wedges	Lasagne	Roast Pork, Skin on Roasties, and Gravy	Chicken & Sweetcorn Pie with Mash	Golden Fish Fingers & Chips
MEAT-FREE MAGIC Macaroni Cheese	Vegetable Ratatouille with Rice	Carrot & Stuffing Puff Pastry Plait, Skin on Roasties with Gravy	Root Vegetable and Bean Stew with Mash	Vegetable Fingers with Chips
RAINBOW ALLEY Vegetable Sticks	Sweetcorn	Roasted Roots	Peas	Baked Beans
BIG TOPPING Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
DESSERT TROLLEY Sweet Potato Chocolate Brownie	Jelly	Eve's Apple Pudding & Custard	Muesli Bars	Vanilla Cookies

What impact has your meal had on planet Earth today?
A: Very Low, B: Low, C: Medium, D: High, E: Very High

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

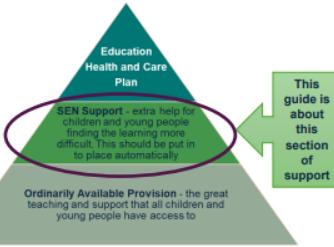
PASTA TWIRLER
TOPPED PASTA
HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE

SEN Support

Hampshire's Local Area Partnership Strategy
Parents' guide to help for all in education settings
© Hampshire County Council 2025

Parents' guide to help for all in education settings

Special Educational Needs (SEN) support



Some children and young people need more help than others. This is why SEN support is available. It is extra help for anyone finding the learning harder to make sure they can still achieve success. This does not need extra funding and is put in place to make sure that everybody can progress. It is regularly reviewed. You can watch a video about it on this link: [Family Information and Services Hub | Ordinarily Available Provision and SEND Support](#)

Types of SEN support

Help with learning:

- Extra time to learn and prepare
- Using computers or voice recorders
- Link the learning to interest areas
- Having word lists or reminder bookmarks
- Getting extra help with reading, writing and maths



Help with talking and understanding:

- Using someone's name and standing close when talking
- Using pictures and signs to help understanding
- Keeping instructions short
- Using songs and rhymes to teach new words
- Giving choices
- Using timers
- Using simple language which is clear
- Having a special work space
- Teaching how to use sounds and words to work out meaning
- Using stories to help get ready for something



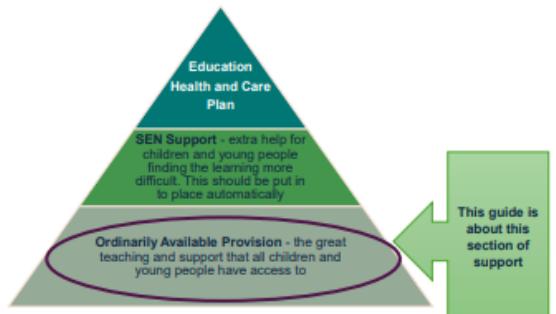
Logos

Hampshire County Council NHS Public Health England Hampshire SENDIASS

Hampshire's Local Area Partnership Strategy
Parents' guide to help for all in education settings
© Hampshire County Council 2025

Parents' guide to help for all in education settings

Ordinarily Available Provision



What is Ordinarily Available Provision?

This is the help that every child or young person should get in their education setting. It is the support which everyone accesses, even if they do not have special needs. You can watch a video about it on this link: [Family Information and Services Hub | Ordinarily Available Provision and SEND Support](#)

What should ordinarily available provision look like?

In the classrooms:

- Special chairs or desks
- Calm colours and not too much noise or clutter
- Tools to help with keeping focus and learning
- Sitting in the best place to learn
- Pictures to help understand and remember information

What adults do:

- Believe everyone can do well



Logos

Hampshire County Council NHS Public Health England Hampshire SENDIASS

Hampshire's Local Area Partnership Strategy
Parents' guide to help for all in education settings
© Hampshire County Council 2025

Help with feelings and behaviour:

Help with feelings and behaviour:

- Avoiding making people feel bad
- Giving jobs to do and breaks
- Using a calm voice and positive body language
- Helping the understanding of feelings
- Having a safe space and trusted adults
- Explaining instructions and information
- Working on areas of interest
- Limiting distractions
- Teaching different ways to stay calm
- Preparing everyone for changes
- Using the same language when dealing with something
- Providing time to talk
- Having plans if things go wrong
- Having support during times when there are less routines



Help with physical or sensory needs:

- Using different senses to help learning
- Changing routines or uniforms if needed
- Giving rest breaks
- Helping with personal care
- Using special tools or plans for needs
- Being flexible with resources



What works best when supporting learning?

The best sort of help:

- Is planned carefully,
- Helps build independence,
- Does not rely too much on an adult,
- Is not available all the time,
- Helps learners make friends and feel confident in what they are doing.

What if this is not happening?

If you are worried about progress, talk to the special educational needs coordinator (SENCo). They may need to try some different levels of support. This is something that every education setting can do without any extra support.

If you do not feel that the help is there:

- Talk to the SENCo or leader in the school.
- If that doesn't help you can contact groups like Hampshire Parent Carer Network [Hampshire Parent and Carer Network](#) or SENDIASS [Hampshire SENDIASS - Special Educational Needs Support](#).
- You could use the setting's complaint process.

Images provided by Hampshire settings or Widgit Symbols © Widgit Software Ltd 2002-2025 [www.widgit.com](#)



Hampshire's Local Area Partnership Strategy
Parents' guide to help for all in education settings
© Hampshire County Council 2025

Help with feelings and behaviour:

Help with feelings and behaviour:

- Use clear and kind words
- Help everyone get ready for any changes
- Break tasks into small steps
- Use pictures, sound and action to help teach
- Give time to practise and go back over learning
- Help everyone to talk about their learning
- Use tools like sentence starters or checklists

Setting values:

- Use signs and pictures to help with talking and understanding
- Believe that everyone can learn and be successful
- Keep rules and routines clear and fair
- Make sure everyone feels that they belong



What if this is not happening?

If you are worried about progress, talk to the special educational needs coordinator (SENCo). They may need to try some different things and this is something that every education setting can.

If you do not feel that the help is there:

Talk to the SENCo or a leader, contact groups like Hampshire Parent Carer Network [Hampshire Parent and Carer Network](#) or SENDIASS [Hampshire SENDIASS - Special Educational Needs Support](#).



Communication Flowchart 2025-2026

We know that when parents have a concern that relates to their child at school, whether it is pastoral, friendships, curriculum or staffing in nature, they often feel the best way forward is to ask to see the Head teacher. In our experience, many of these concerns can often be most quickly resolved by talking to the class teacher as they know your children best. Please be aware that the Chair of Governors does not become involved unless a formal complaint is logged having completed all previous steps. The Complaints Policy is on the website.

Please use the chart below to know who you need to speak to.

Who do I speak to and in what order?			
Steps	Learning / Classroom issues	Pastoral / Additional Needs	School Administration
1	In the first instance, please arrange to speak to your child's class teacher after school by appointment. Appointments can be made via the school office.	If you're struggling with pastoral issues such as routines, attendance or you just need to reach out, ask the office to book you an appointment to speak to Mrs Mellor (Parent Liaison).	Please speak to Mrs Manning, Mrs H-C or Mrs Petley in the school office.
2	If you feel your query has not been resolved, please arrange to speak to Mr Booth or Mrs Skeels (Assistant Headteachers)	Concerns or actions related to Special Educational Needs or pastoral issues still not sorted, ask the office to book you an appointment to speak to Mrs Mellor (SENCO).	If you have a complaint with regards to a member of the office team, go to Step 3.
3	If still not sorted? Please make an appointment to speak to our Head teacher, Mrs Jearrad. This meeting may also be attended by a member of the staff or Senior Leadership Team to ensure actions from any previous meetings can be discussed.		
	Formal Complaints		
4	If you are unhappy with the outcome of your queries and are proceeding to a formal complaint having followed all the previous steps, please contact our Chair of Governors, Mrs J Barker, via the school office.		

Important Dates 2026

Date/Time	Event	Who for
Thursday 5th February— 2.45pm	SATS meeting	Year 6
Monday 16th to Friday 20th February	Half Term	Whole School
Tuesday 17th February— 9am to 3pm	Performing Arts Club Rehearsal	Select Students
Monday 23rd February	Inset Day	Whole School
Wednesday 11th February 2026	Inter-House Cross Country	Select Students
Thursday 5th March 2026	World Book Day	Whole School
Saturday 14th March (children arrival time TBC) performance 6pm	Wizard of Oz at the Lantern Theatre	PAC
Tuesday 17th March	Trip	Year 6
Wednesday 25th March- (EYFS & KS1: 3.15pm, KS2: 4.15pm)	PTA Disco	Whole School
Friday 27th March	Last day of Spring term No after school club provision	Whole School
Monday 30th March to Friday 10th April	EASTER HOLIDAYS	Whole School
Saturday 25th April	PTA music festival	
Wednesday 29th April to Friday 1st May	Residential	Year 4
Wednesday 6th May	Trip	Year 2
Monday 11th to Friday 15th May	SATs Week	Year 6
Wednesday 20th to Friday 22nd May	Residential	Year 6
Tuesday 9th June	Music FEST	Whole School
Wednesday 10th June	Trip	Year R
Wednesday 3rd June	Sports Day	Whole School
Wednesday 10th June	Trip	Year R
Thursday 18th June	Trip	Year 1
Friday 17th July 2026	Summer Spectacular Last Day of Summer term No after school club provision	Whole School

School Term & Holiday Dates

2026

Spring Term 2026

Monday 5th January 2026 - school resumes

Monday 16th to Friday 20th February 2026 - Half Term

Monday 23rd February 2026 - INSET DAY



Summer Term 2026

Monday 13th April 2026 - school resumes

Monday 4th May 2026 - Bank Holiday

Monday 25th to Friday 29th May 2026 - Half Term

Friday 17th July 2026 - Last day of Summer Term



Autumn Term 2026 (Dates to be added)

September 2026 - INSET DAY

September 2026 - school resumes for pupils

October 2026 - Half Term

December 2026 - Last day of Autumn Term



Local events and information:


HORNS DROVE
 community childcare

February HOLIDAY CLUB

16th-20th February

Full and half days available

Open 8am-6pm

Our holiday club is in our pre-school setting, so we have a wide range of exciting activities available!

Book Now, spaces are filling fast

We are located within the grounds of Rowhams St Johns School

For availability and prices, please contact enquiries@hornsdrove.uk

A week of fun activities
 2-11 years
 Den making
 Slime making
 Cooking
 Craft day!
 Hamma beads
 Treasure hunt
 Lego and Duplo building
 Hide and seek in the 'forest'
 Mask making
 Bird-feeder making
 Making gloop
 Making cards for our loved ones
 Cooking
 Games marathon!


SEND SURVEY 2026

PLEASE SHARE YOUR EXPERIENCES WITH US & ENTER OUR PRIZE DRAW



<https://www.surveymonkey.com/r/HPCN2026>

WE NEED YOUR VOICE! HPCN's ANNUAL SEND SURVEY IS HERE, AND YOUR FEEDBACK IS CRUCIAL TO SHAPING BETTER SERVICES FOR OUR COMMUNITY, AND YOUNG PEOPLE. PLUS, BY FILLING IT OUT, YOU'RE ENTERED INTO OUR PRIZE DRAW!

IF YOU'RE A PROFESSIONAL PLEASE DO FILL IT OUT ON BEHALF OF A YOUNG PERSON, OR PROFESSIONALLY.


Southampton Family Trust
 building relationships

Does your child have or might have autism?

FREE ONLINE SEMINAR
“An Introduction to Parenting Children with Autism”
 Insights and strategies for families

Wednesday 4th February 2026, 12.00-13.30

No booking required!
 Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 822 9557 8417
 Passcode: 651476

If you prefer, feel free to email us at info@sctrust.org.uk for the Zoom link.
www.sctrust.org.uk



Scan the QR code for the Zoom link


Southampton Family Trust
 building relationships

Does your child have ADHD or ADHD traits?

FREE ONLINE SEMINAR
“An Introduction to Parenting Children with ADHD”
 Insights and strategies for families

Monday 9th February 2026, 12.00-13.30

No booking required!
 Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 894 3056 0080
 Passcode: 387069

If you prefer, feel free to email us at info@sctrust.org.uk for the Zoom link.



Scan the QR code for the Zoom link

TWINSPIRES LEGO Church

SUNDAY 15TH
FEBRUARY 4-5PM

ST JOHN'S PRIMARY
SCHOOL HALL,
ROWNHAMS

ALL ARE WELCOME!



FEBRUARY HOLIDAY COURSE

HOLIDAY COURSES
FOOTBALL, MULTI-SPORTS, PERFORMING ARTS, GYMNASTICS,
INFLATABLES, CRAFTS AND MUCH MORE!

YOU WILL NEED TO BRING A PACKED LUNCH, WATER BOTTLE &
COAT

VENUE	HOLY FAMILY PRIMARY SCHOOL
DATES	16TH - 20TH FEBRUARY
AGES	4 - 12 YEAR OLDS YEAR R CHILDREN+
PRICE	£25 PER DAY
TIME	9:00 - 15:00
OUT OF HOURS	8:00-9:00 £6 15:00-16:00 £6 15:00-18:00 £12

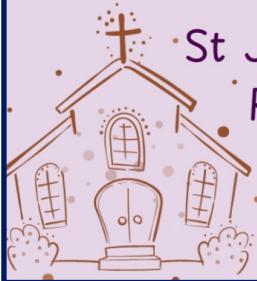
10%
DISCOUNT
OFF
BOOKING

TAX-FREE
CHILDcare &
DISCOUNT
COUPONS
ACCEPTED

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02382 127331

TWINSPIRES CHURCHES

All Age Worship
Sunday 1st February
Twinpires together @
10am



St John's Church
Rowhams



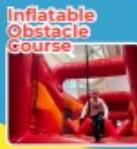
FEBRUARY HALF-TERM MULTI-ACTIVITY CAMP

-THE MOUNTBATTEN SCHOOL



£30
per day

For children
in Year 1 -
Year 7



SAVE 10% WHEN YOU BOOK
THE WEEKLY RATE

personalbesteducation.com



SSSB SOUTHPAMPTON
SUNS



FEBRUARY CAMPS

VENUE: REDBRIDGE COMMUNITY SCHOOL

DATES: TUESDAY 17TH AND WEDNESDAY 18TH FEB

TIMES: 9-3PM

AGES: 6-16 YEARS (GROUPED BY AGE AND ABILITY)

Join the Southampton Suns Basketball Club this

February for an action-packed basketball camp.

SKILL DEVELOPMENT: SHOOTING, DRIBBLING,
PASSING, AND DEFENSE

TEAMWORK & COMMUNICATION: FUN,
INCLUSIVE DRILLS AND MINI-GAMES

GAME PLAY: DAILY COMPETITIONS
AND FRIENDLY MATCHES



PRICE

TUESDAY - £25
WEDNESDAY - £25
BOTH DAYS - £40

SIGN UP VIA

- WWW.SOUTHAMPTON-SUNS.COM
- BASKETBALLSUPERSTARSPORTSUK@GMAIL.COM
- INSTAGRAM - CLICK LINK IN BIO

CHANGE OF STYLE
GRANITE & STONE LTD

