

# Nursling C of E Primary School



*Learning to Love. Building Resilience. Taking Responsibility.*

Newsletter 1—11th September 2026

## Head Teacher's Message

Dear Parents and Carers,

Firstly, I want to thank you for your patience as we had some technical issues last week with 'Parentmail' that were out of our control. Thankfully all sorted now so this is our first newsletter of this academic year!

It has been a great start and we have welcomed our new Chestnuts who had their first full day in school today. We are all very impressed at how quickly they have settled in.

All the children enjoyed the first couple of days back with 'No Pens Day' and an Escape Room in the hall. The Chair of Governors, Mrs Barker, has also been into school to see how well everyone has settled.

We are all really looking forward to another year of fun learning and building our whole school community. Please do join the PTA for the AGM this coming Friday at 8:50am. Don't be shy, it will be great to see you there!

Kind regards

Mrs Jearrad

## Attendance This Week

| Chestnut | Birch | Willow | Holly | Sycamore | Rowan | Oak  | School |
|----------|-------|--------|-------|----------|-------|------|--------|
| 99.3%    | 97.9% | 96.1%  | 96.6% | 98.7%    | 88.7% | 100% | 96.7%  |



The expected attendance for each student is a minimum of 96%.  
Individual children identifying as under 96% will be engaging in conversations  
with staff to ensure their attendance improves.



*I am the way, the truth and the life; no one goes to the Father except through me.*  
John 14:6



Love



Hope



Courage



Respect



Kindness



Belonging



# Cyril's Awards

Celebrating our amazing learners

Love  
Hope  
Courage



Each week, two children from every class are chosen to receive Cyril's Award for impressing their teacher and being an amazing learner.



Well done to this week's recipients!

## Year R



Name:



Name:

Coming Soon

## Year 1



Name:



Name:

Autumn

Elodie

## Year 2



Name:



Name:

Yazan

Kiara

## Year 3



Name:



Name:

Lily

Freya  
M

## Year 4



Name:



Name:

Ivy-Grace

Lexa

## Year 5



Name:



Name:

Isabella

Jacob H

## Year 6



Name:



Name:

Riley

Aliana



Well done to all of this week's Cyril's Award children!  
You make our school a brighter place with your hard work, positivity and enthusiasm.



Be kind  
Be curious  
Be your best

Together we learn, grow and make a difference

# AFTER SCHOOL CLUB

Play • Create • Make • Have Fun!

Amazing  
things  
happen  
here!



Fantastic creativity, Lottie! ♥

## ★ Star of the Week ★

**Lottie – Year 1**

This week at After School Club a big shout-out goes to Lottie in Year 1!

She worked really hard making a squishy fox called Camilla – she is even wearing the same pink trainers as Lottie!

**A big WELL DONE, Lottie!**

You have earned lots of raffle tickets for your fantastic creation.

We love seeing your amazing ideas! ♥



After School Club phone number:

**07543 793590**



Friends • Fun • Creativity • Belonging

# Mental Health & Wellbeing

## Support for our School Community



Kind  
Safe  
Respectful  
Together

Dear Parent/Carers,

We are excited to announce that Nursling is now supported by the West Hampshire Mental Health Support Team.

In order for you to meet our allocated Education Mental Health Practitioner, we would like to invite you to an informal coffee morning on Monday 28th September.

You would be very welcome to drop into the school hall once your children are safely dropped off in school for a cuppa and a biscuit and to hear more about the service and support they offer. Public Health Nursing Team (formally known as the School Nursing Team) will also be in attendance.

This will be a great opportunity to meet some key professionals who can support the wider needs of our children.

We look forward to seeing you then.

Warm regards

**Kate Mellor**

Special Needs Co-Coordinator  
Deputy Designated Safeguarding Lead  
Mental Health and Wellbeing Lead

## MENTAL HEALTH SUPPORT TEAM

## Parent Workshops 2026-27

A range of online workshops to support parents and carers, including:

- ✓ Anxiety
- ✓ Autism
- ✓ Supporting emotional wellbeing
- ✓ Behaviour
- ✓ Practical strategies
- ✓ Helpful resources



Stronger  
brighter  
happier  
together



[Click here to view the full programme and book →](#)



# Mobile Phones in School



A reminder to parents and carers that **only pupils in Years 5 and 6 who walk home independently** are permitted to bring a mobile phone to school

Phones must be basic phones only—No Smartphones.

On arrival at school, all phones must be handed to the class teacher and will be locked away securely for the duration of the school day..

Children in other years groups should not bring mobile phones to school.

Thank you for your support in helping us keep our pupils safe and minimise distractions during the school day.

## Important Dates 2026-2027

| Date/Time                                   | Event               | Who for        |
|---------------------------------------------|---------------------|----------------|
| Monday 21st September 2026                  | Science Centre Trip | Years <b>5</b> |
| Monday 16th November                        | Flu Vaccination     | Whole School   |
| Monday 22nd February <b>2027</b>            | INSET DAY           | Whole School   |
| Monday 19th—Wednesday 21st July <b>2027</b> | INSET DAYS          | Whole School   |

# FOOD FESTIVAL

WEEK 1  
Spring/Summer 2026  
13/04/26, 04/05/26, 20/05/26,  
15/06/26, 06/07/26, 27/07/26,  
17/08/26, 07/09/26, 28/09/26,  
19/10/26

## LUNCHTIME

PRIMARY  
TRADITIONAL



MAIN  
EVENT



MEAT-FREE  
MAGIC



RAINBOW  
ALLEY

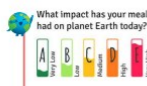


BIG  
TOPPING



DESSERT  
TROLLEY

| MONDAY                         | TUESDAY                                          | WEDNESDAY                                                      | THURSDAY                                  | FRIDAY                                          |
|--------------------------------|--------------------------------------------------|----------------------------------------------------------------|-------------------------------------------|-------------------------------------------------|
| Macaroni Cheese                | Homemade Sausage Roll with Wholegrain Rice Salad | Roast Chicken, Stuffing, Skin on Roasties and Gravy            | Lasagne                                   | Golden Fish Fingers or Salmon Fingers and Chips |
| Mixed Bean Fajitas with Wedges | Veggie Sausage Roll with Wholegrain Rice Salad   | Cauliflower & Broccoli Cheese Bake, Skin on Roasties and Gravy | Cheese and Tomato Pizza Slice with Wedges | BBQ Veggie Wrap with Chips                      |
| Vegetable Sticks               | Mixed Salad                                      | Carrots and Peas                                               | Mixed Greens                              | Baked Beans and Peas                            |
| Beans, Cheese or Tuna Mayo     | Beans, Cheese or Tuna Mayo                       | Beans, Cheese or Tuna Mayo                                     | Beans, Cheese or Tuna Mayo                | Beans, Cheese or Tuna Mayo                      |
| Orange Squash Cupcake          | Strawberry Jelly                                 | Peach Upside Down Cake and Custard                             | Chocolate Cinnamon Cake                   | Banana Cookies                                  |



AVAILABLE DAILY  
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGURT AND CUT FRUIT



PASTA  
TWIRLER  
TOPPED PASTA  
HOT PASTA TOPPED WITH  
HOMEMADE TOMATO SAUCE  
& CHEESE

# FOOD FESTIVAL

WEEK 2  
Spring/Summer 2026  
20/04/26, 11/05/26, 01/06/26,  
22/06/26, 13/07/26, 03/08/26,  
24/08/26, 14/09/26, 04/10/26

## LUNCHTIME

PRIMARY  
TRADITIONAL



MAIN  
EVENT



MEAT-FREE  
MAGIC



RAINBOW  
ALLEY

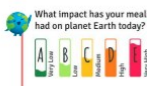


BIG  
TOPPING



DESSERT  
TROLLEY

| MONDAY                                        | TUESDAY                    | WEDNESDAY                                              | THURSDAY                           | FRIDAY                         |
|-----------------------------------------------|----------------------------|--------------------------------------------------------|------------------------------------|--------------------------------|
| Macaroni Cheese                               | Bangers and Mash           | Roast Gammon, Skin on Roasties and Gravy               | Beef Whole Grain Pasta Bolognese   | Golden Fish Fingers and Chips  |
| Cheddar & Tomato Puff Pastry Tart with Wedges | Veggie Bangers and Mash    | Tomato & Lentil Layer Bake, Skin on Roasties and Gravy | Veggie Whole Grain Pasta Bolognese | Cheesy Bean Wrap with Chips    |
| Vegetables Sticks                             | Green Beans and Sweetcorn  | Carrots and Cabbage                                    | Mixed Salad                        | Baked Beans and Peas           |
| Beans, Cheese or Tuna Mayo                    | Beans, Cheese or Tuna Mayo | Beans, Cheese or Tuna Mayo                             | Beans, Cheese or Tuna Mayo         | Beans, Cheese or Tuna Mayo     |
| Lemon Shortbread Fingers                      | Orange Jelly               | Apple Sponge and Custard                               | Oaty Peach Crumble Slice           | Chocolate Krispie Date Squares |



AVAILABLE DAILY  
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGURT AND CUT FRUIT



PASTA  
TWIRLER  
TOPPED PASTA  
HOT PASTA TOPPED WITH  
HOMEMADE TOMATO SAUCE  
& CHEESE

# FOOD FESTIVAL

WEEK 3  
Spring/Summer 2026  
27/04/26, 18/05/26, 08/06/26,  
29/06/26, 20/07/26, 10/08/26,  
31/08/26, 21/09/26, 11/10/26

## LUNCHTIME

PRIMARY  
TRADITIONAL



MAIN  
EVENT



MEAT-FREE  
MAGIC



RAINBOW  
ALLEY



BIG  
TOPPING



DESSERT  
TROLLEY

| MONDAY                                    | TUESDAY                           | WEDNESDAY                                       | THURSDAY                                | FRIDAY                        |
|-------------------------------------------|-----------------------------------|-------------------------------------------------|-----------------------------------------|-------------------------------|
| Cheese and Tomato Pizza Slice with Wedges | Creamy Chicken Meatballs and Rice | Roast Pork, Skin on Roasties and Gravy          | Minced Beef & Onion Pie with Mash       | Golden Fish Fingers and Chips |
| Veggie Sausages with Wedges               | Vegetable Ratatouille with Rice   | Med Veg Wellington, Skin on Roasties with Gravy | Sweet Potato & Chickpea Curry with Rice | Vegetable Fingers with Chips  |
| Vegetable Sticks                          | Sweetcorn and Cabbage             | Carrots and Green Beans                         | Mixed Greens                            | Baked Beans and Peas          |
| Beans, Cheese or Tuna Mayo                | Beans, Cheese or Tuna Mayo        | Beans, Cheese or Tuna Mayo                      | Beans, Cheese or Tuna Mayo              | Beans, Cheese or Tuna Mayo    |
| Sweet Potato Chocolate Brownie            | Raspberry Jelly                   | Treacle, Pear & Ginger Cake with Custard        | Date and Sunflower Seed Muesli Bars     | Vanilla Cookies               |



AVAILABLE DAILY  
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGURT AND CUT FRUIT



PASTA  
TWIRLER  
TOPPED PASTA  
HOT PASTA TOPPED WITH  
HOMEMADE TOMATO SAUCE  
& CHEESE

PLEASE ENSURE WHEN ORDERING YOUR CHILD'S FOOD THAT YOU COMPLETE THE CHECK OUT PROCESS FULLY SO THAT THE ITEMS DO NOT REMAIN IN THE BASKET

As you are all aware, safeguarding children and families is everyone's responsibility.

**Call 999 if you believe a child is in immediate danger and it is an emergency.**

Report and make a referral to **Southampton** Children's Social Care: [Children's social care](#)

Telephone number for members of the public:

023 8083 3004

Report and make a referral to **Hampshire** Children's Services: [Report a concern - Hampshire SCP](#)

Hampshire Children's Safeguarding Partnership:

*Telephone: 0300 555 1384*

*Out of hours: 0300 555 1373*

**Do not wait to take action if you have a concern.**





Hampshire Child and Adolescent  
Mental Health Services

# UNDERSTANDING ADHD

Tickets £20  
Tea and  
coffee  
included

A day that focuses on skills and strategies, for parents, carers and professionals supporting a child with ADHD. Hampshire CAMHS Colleagues will be hosting this day alongside parents / carers with lived experience.

Topics include:

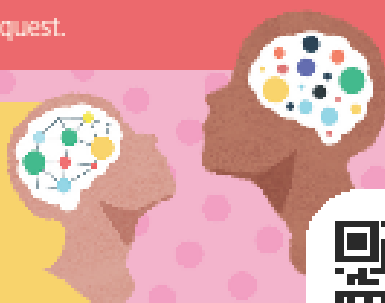
- Understanding your child with ADHD, support, strategies and tips.
- Support for SEN in education & what to do if it's not working.
- ADHD nervous system differences, sensory systems, emotional regulation, stress response, attention regulation, and executive functioning.

Discretionary tickets available to families on request.

**3 November 2026**

**9.30am - 4pm**

Andover Community Church  
Charlton Road, Andover SP10 3JH



For more information scan the QR code or visit:

**<https://hampshirecamhs.nhs.uk/events/>**



Hampshire Child and Adolescent  
Mental Health Services

# EMBRACING AUTISM

Tickets £20  
Tea and  
coffee  
included

A day that focuses on skills and strategies, for parents, carers and professionals supporting a child with Autism.

Topics include:

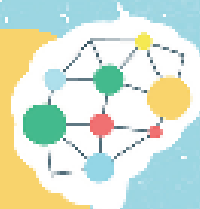
- Supporting your autistic child to thrive - adapting to meet the needs of the autistic young person and practical strategies.
- Support for SEN in education & what to do if it's not working.
- Supporting Young People to Make Sense of their Experiences - empowering young people and putting them at the centre of their experience.

Discretionary tickets available to families on request.

**17 November 2026**

**9.30am - 4pm**

Andover Community Church  
Charlton Road, Andover SP10 3JH



For more information scan the QR code or visit:

**<https://hampshirecamhs.nhs.uk/events/>**

### Communication Flowchart 2025-2026

We know that when parents have a concern that relates to their child at school, whether it is pastoral, friendships, curriculum or staffing in nature, they often feel the best way forward is to ask to see the Head teacher. In our experience, many of these concerns can often be most quickly resolved by talking to the class teacher as they know your children best. Please be aware that the Chair of Governors does not become involved unless a formal complaint is logged having completed all previous steps. The Complaints Policy is on the website.

Please use the chart below to know who you need to speak to.

| Who do I speak to and in what order? |                                                                                                                                                                                                                                                               |                                                                                                                                                                                                 |                                                                                    |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Steps                                | Learning / Classroom issues                                                                                                                                                                                                                                   | Pastoral / Additional Needs                                                                                                                                                                     | School Administration                                                              |
| 1                                    | In the first instance, please arrange to speak to your child's class teacher after school by appointment. Appointments can be made via the school office.                                                                                                     | If you're struggling with pastoral issues such as routines, attendance or you just need to reach out, ask the office to book you an appointment to speak to <b>Mrs Mellor</b> (Parent Liaison). | Please speak to Mrs Manning, Mrs H-C or Mrs Petley in the school office.           |
| 2                                    | If you feel your query has not been resolved, please arrange to speak to <b>Mr Booth or Mrs Skeels</b> (Assistant Headteachers)                                                                                                                               | Concerns or actions related to Special Educational Needs or pastoral issues still not sorted, ask the office to book you an appointment to speak to <b>Mrs Mellor</b> (SENCO).                  | If you have a complaint with regards to a member of the office team, go to Step 3. |
| 3                                    | If still not sorted?<br><br>Please make an appointment to speak to our Head teacher, <b>Mrs Jearrad</b> . This meeting may also be attended by a member of the staff or Senior Leadership Team to ensure actions from any previous meetings can be discussed. |                                                                                                                                                                                                 |                                                                                    |
|                                      | Formal Complaints                                                                                                                                                                                                                                             |                                                                                                                                                                                                 |                                                                                    |
| 4                                    | If you are unhappy with the outcome of your queries and are proceeding to a formal complaint having followed all the previous steps, please contact our Chair of Governors, <b>Mrs J Barker</b> , via the school office.                                      |                                                                                                                                                                                                 |                                                                                    |

## School Term & Holiday Dates

2026

### **Spring Term 2026**

Monday 5th January 2026 - school resumes

Monday 16th to Friday 20th February 2026 - Half Term

Monday 23rd February 2026 - INSET DAY



### **Summer Term 2026**

Monday 13th April 2026 - school resumes

Monday 4th May 2026 - Bank Holiday

Monday 25th to Friday 29th May 2026 - Half Term

Friday 17th July 2026 - Last day of Summer Term



### **Autumn Term 2026**

Tuesday 1st September 2026 - INSET DAY

Wednesday 2nd September 2026 - school resumes for pupils

Monday 26th to Friday 30th October 2026 - Half Term

