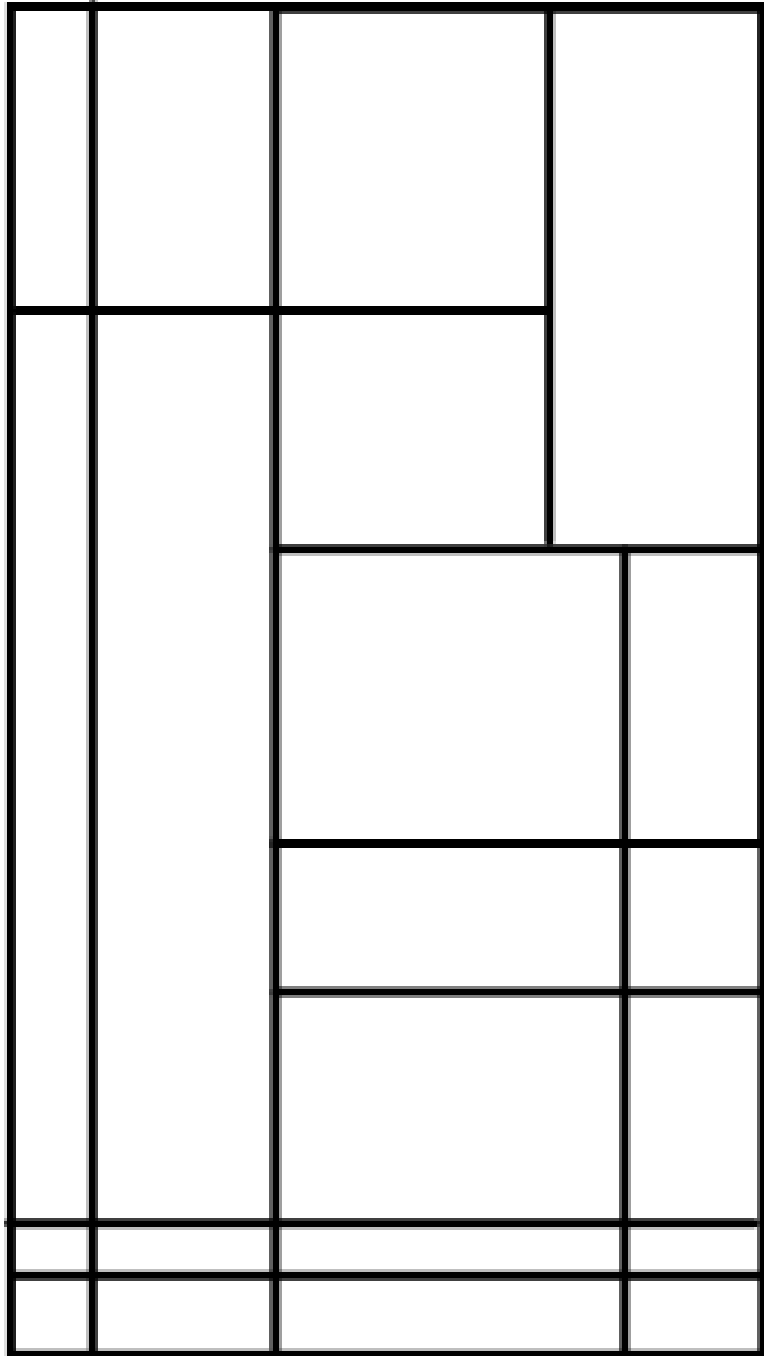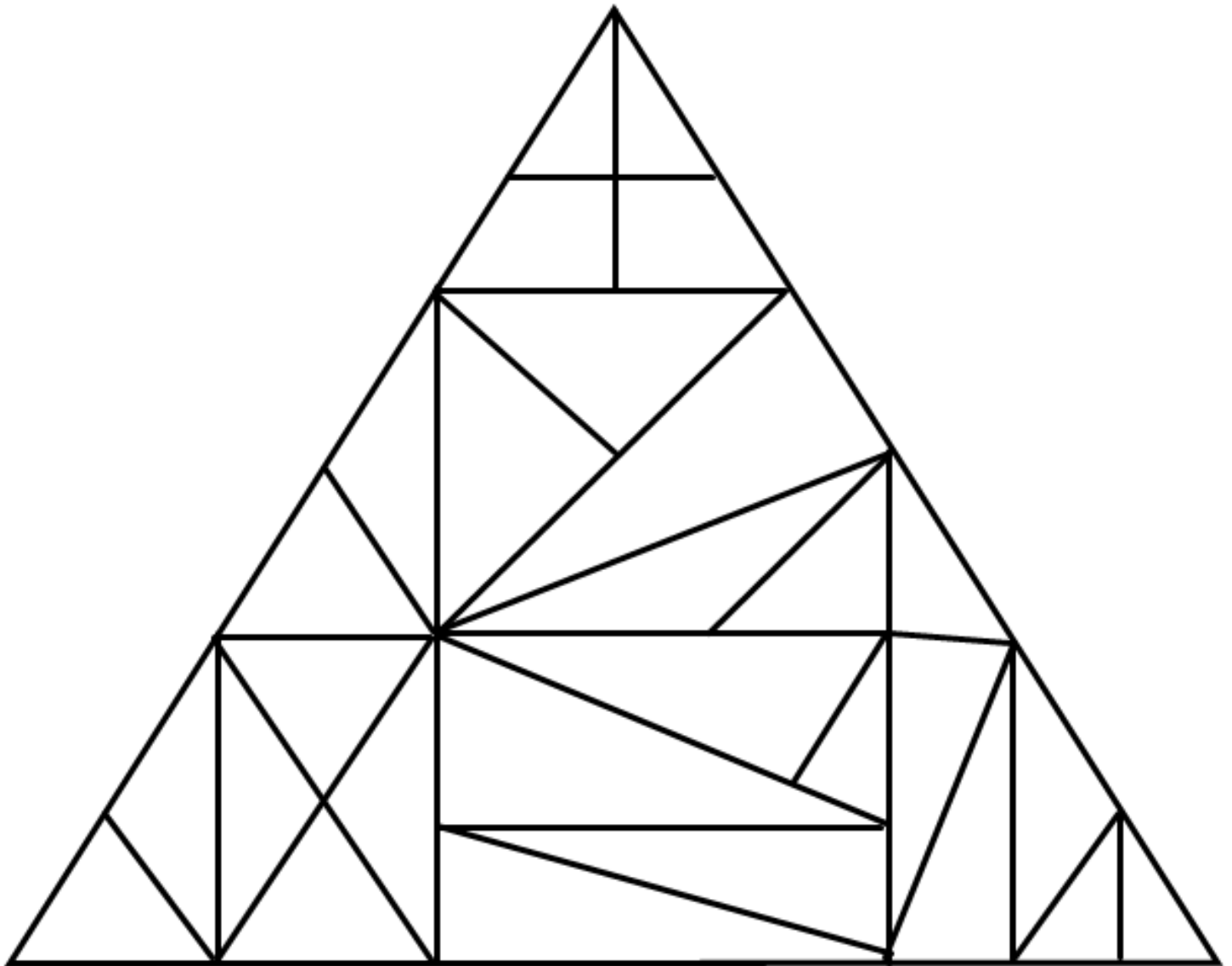Shape problem solving:

How many rectangles can you find in this shape?

How many triangles can you find in this shape?

Extension: Using different colours identify the different triangles you can see in the shape.