



L.O. I Understand the importance of quiet times

Consider one of the following questions in pairs on your table, then discuss as a table:

When and where and why have you:

- 1. Been silent**
- 2. Thought deeply**
- 3. Felt calm**
- 4. Appreciated a beautiful place**





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Now in your book, write a sentence about *when*, *where* and *why* you have.....

1. **Been silent**
2. **Thought deeply**
3. **Felt calm**
4. **Appreciated a beautiful place**

Now consider Nursling CE Primary School.....



Where in our school have you...

1. Been silent
2. Thought deeply
3. Felt calm
4. Appreciated beauty

Mark places on a map of the school and stick in your book